



What would I change if I knew I had only one month to live?

Discussion Guide #4: "Leave Boldly"

Thank you for keeping information shared in this group confidential and for giving everyone the opportunity to participate.

- Share about a person in your life who has had a significant impact on you. How did their life impact yours?
• What do you want to be remembered for? What do you hope people will say about you at your funeral?

Read Psalm 112. Why do you think "a righteous man will be remembered forever"? What does it mean to be righteous? Make a list of characteristics you find in this psalm.

- 1. \_\_\_\_\_ 5. \_\_\_\_\_
2. \_\_\_\_\_ 6. \_\_\_\_\_
3. \_\_\_\_\_ 7. \_\_\_\_\_
4. \_\_\_\_\_ 8. \_\_\_\_\_

What are some of the benefits or rewards of living as a righteous person, according to Psalm 112? Do you want those things in your life?

Read 1 Timothy 6:6-11, 17-19. Why is it foolish to focus too much on wealth and earthly possessions? Why is it so hard to be content with the things we have? What does it mean to store up treasures in heaven? How do go about doing it?

When all is said and done, we can't take anything with us when we leave this world. Read Ecclesiastes 5:15. How does that make you feel?

Does it bother you to think about dying some day? You don't have to be afraid. You can entrust your life to Jesus Christ today and know for sure that your life won't end when you die. (See John 11:25-26).

Read together Philippians 1:20-21. Do you feel the same way Paul did?

Questions for Personal Reflection:

- How can I make the rest of my life count for eternity?
• Do I have the assurance of eternal life? What is keeping me from giving my whole life to Christ? Who can I talk to about it this week?



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Discussion Guide #1: "Live Passionately"

Thank you for keeping information shared in this group confidential and for giving everyone the opportunity to participate.

- When you were a kid, what did you want to be when you grew up?
• What other "dreams" did you have (e.g. traveling around the world, writing a book, winning a prestigious award, etc.)?
• Did life turn out the way you expected? If you didn't accomplish your dreams, what kept you from achieving them? Is there anything you could have done differently?

We can't change our past, but we can change our future. God can give you new dreams and goals for the remainder of your life. Take a few minutes to come up with a "bucket list" (things you would like to do before you "kick the bucket").

MY BUCKET LIST
1. \_\_\_\_\_ 5. \_\_\_\_\_
2. \_\_\_\_\_ 6. \_\_\_\_\_
3. \_\_\_\_\_ 7. \_\_\_\_\_
4. \_\_\_\_\_ 8. \_\_\_\_\_

If you knew you only had one month to live, which ones would you most want to accomplish? Which ones would leave the biggest impact on others? What keeps you from doing these things now? Brainstorm ways to overcome the obstacles that keep you from doing what's on your bucket list.

Briefly discuss the following verses from the Bible: James 4:14, Ephesians 5:15-16 and Psalm 90:10, 12.

We hate to ever think about our own mortality, but we will all die one day. We don't know if it will be 10 years from now or 10 days. Let's commit to living every day as if we only had one month to live.

Questions for Personal Reflection:

- Are there priorities I need to put in order so I'm doing what's most important to me?
• How can I make the most of the rest of my life?



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**Discussion Guide #2: "Love Completely"**

Thank you for keeping information shared in this group confidential and for giving everyone the opportunity to participate.

- When you were growing up, who showed you love most often? How did you know they loved you?
- Who are the three people (besides your spouse) you are closest to? What do you appreciate most about them? How often do you tell them how much you love them? What keeps you from telling them more often?
- Have you ever been hurt by a close friend or relative? What happened? Were you able to forgive? What would it take for you to restore the relationship?

Read the story Jesus told about forgiveness in Matthew 18:21-35. In what way are we often like the unmerciful servant? What is the result? Why should we forgive people who don't deserve it? Should we keep on forgiving them? Why or why not?

Forgiveness is one of the greatest acts of love we could ever show to another person. When we choose to forgive, we're giving the other person permission to be human and choosing to treat them with mercy. We're treating them the same way we would want to be treated.

List some other ways you can show love to the people who mean the most to you (e.g. spend quality time with them, treat them with respect, compliment them, overlook their faults, keep our promises, etc.).

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Questions for Personal Reflection:**

- Is there anyone I need to forgive? What's keeping me from forgiving?
- Are there people I need to tell how much I love them? What's keeping me from telling them (or showing them) this week?



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**Discussion Guide #3: "Learn Humbly"**

Thank you for keeping information shared in this group confidential and for giving everyone the opportunity to participate.

- What is the hardest obstacle you've ever had to overcome in life (e.g. a physical disability, social disadvantage, etc.)? What did you learn in the process of overcoming it?
- Have you ever experienced failure? How did you feel at the time? How did you grow personally through the experience? Do you think there are some lessons that can only be learned through failure or difficulty? Why?

Read James 1:2-4. Make a list of character traits that can be developed during trying times.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

What keeps us from recognizing the positive value of trials when we're in the midst of them?

Read 2 Corinthians 1:3-5. Tell about a time when you were able to comfort someone else because you had already "walked a mile in their shoes." If you're going through a difficult time right now, can you think of a way God might use you to help someone else going through the same thing?

This week ask God to help you learn something from your current life circumstances and think about how you could help someone else going through a tough time.

**Questions for Personal Reflection:**

- Is there a failure in my past that I have not accepted responsibility for? How might I have contributed to the problem? What was God trying to teach me through my experience? Have I learned the lesson?
- Are there areas of pride that keep me from learning from my experiences? What keeps me from admitting my mistakes and then moving on?